



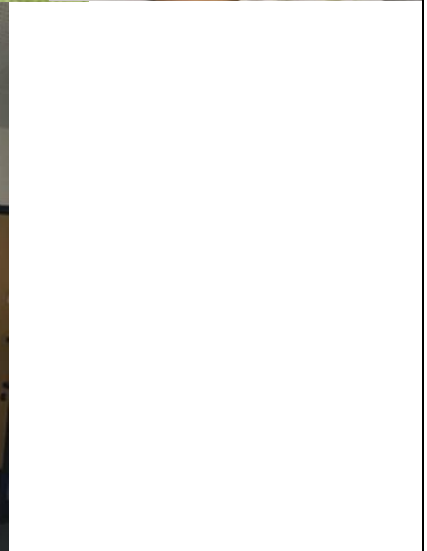
Celebrations of our learning this term:

At the Castle School, we work really hard in PSHE, and have some celebrations to share with you:

School Council have been very busy planning their project to improve the sensory garden. They met and looked at the garden, which needs lots of TLC. School council have lots of plans to improve the environment and involve the whole school. School council will be giving everyone. They have been busy emailing local companies and finding ways to raise money for the project. Lots of staff at school are also keen to help. We are very proud of how considerate the school council have been to their peers, ensuring everyone is included and has something that they will enjoy, at playtime. Well done to all involved. Skipton class walked to the local park recently. Everyone held hands with an adult or a peer. Everyone listened to the rules to keep safe and they crossed the 2 roads, with adult support. As well as learning about road safety, they have also been playing together. Skipton class have also been learning about emotions, so they have been very busy with their PSHE work, well done Skipton!

Lots of classes have been thinking about travelling safety, Dan (the senior accessibility mentor at GWR) came in to talk to Post 16 ahead of their trip on the train to Reading. He spoke about what they can expect to see at

Some photos of our learning



Newbury and Reading train station as well as what you need to pack for a train journey and how to stay safe. Dan brought some items from the railway in to show them, which the students enjoyed.

Staff at Castle school have been having training on Chailey Heritage school's RSHE concepts including relationships, friendships and puberty, in a hands on way using simple stories, and anatomically correct dolls. Staff have had one part of the training and will have more across the next two half terms. Odnam class have been learning about consent, using the dolls. They learnt what the word means and that just because someone doesn't say no, that it doesn't mean yes. They learnt that if they are unsure as to whether consent has been given, they need to ask again to be sure either way. They learnt that consent can be withdrawn at any point, even if they have previously given their consent.

Some Stuart pupils have been learning about periods, using the dolls and the stories from Chailey heritage, which has been extremely positive, enabling the girls to feel more relaxed.

Cardiff class have been using the dolls to find their heads, shoulders, knees and toes and name these body parts.

Lots of classes have found that using anatomically correct dolls is a really helpful



way to access RSHE learning, in a practical and visual way.

The whole school have been working on a lovely collaborative project with Trinity school, and have been drawing around their hands and decorating them. The hands will be combined with Trinity's hands, in two beautiful artworks, what will be displayed in both schools.

Students across the school have been developing independence skills. Some of Tiverton class have been learning to tie their laces and brushing their teeth.

Just a reminder that everyone with an EHCP, age 14 plus, is eligible for an annual health check.

Here is some information from Dr Heather Howells , who is the GP Clinical Lead for Mental Health and Learning Disabilities, for Berkshire West:

You may be aware that from the age of 14, everyone in a special needs school, is eligible for an Annual Health Check at their GP surgery. All people with a Learning Disability aged 14 and over should receive a check every year.

The Annual Health check covers all aspects of health and wellbeing, you can learn more

about Annual Health Checks here:

<https://www.mencap.org.uk/advice-and-support/health/annual-health-checks>

Plympton class have been learning about annual health checks this term.



The Castle School is a National Online safety certified school. Thank you to the parents who signed up or completed a course last year.

You can see our plaque in reception, along with some internet safety guides, which you can also download from the National Online

Safety workshop, or pick up from the display in the pastoral room. There are also some guides on our school website, in

We now have National online safety logins for all staff, so that everyone can complete their annual certificate for online safety this year, so that we can help keep our pupils safe online. Many staff have also accessed other courses and seminars. Teachers are able to use the resources and planning to ensure that we are giving our students relevant and up to date online safety lessons, throughout the year. Some parents and carers have signed up, and have completed courses have accessed important internet safety guides for their child. We are hoping that more parents will sign up soon. If you would like to sign up to help your child stay safe online, please do. We have put some useful courses in the watch list, once you log on.

We are sure that you will agree that online safety is so important to keep everyone safe, which is why we are committed to training our staff and giving our pupils the best possible lessons and care. We are looking forward to more parents joining us with our National Online safety journey.

We would like to achieve the award again this year, as online safety is a big priority at The Castle school. We need parents to complete courses too. If you would like a parent login, for National Online safety, to make use of the brilliant training and resources, please contact Hayley.

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