



Celebrations of our learning this term:

At the Castle School, we work really hard in PSHE, and have some celebrations to share with you:

Windsor and Tiverton class have been doing some Chinese New Year food tasting; (prawn crackers were definitely the favourite!) New textures and tastes can be challenging for some of our pupils, so we are really proud of them for trying new things, and letting us know their preferences.

Wallingford class have been learning how to wash their hands properly, and have been getting messy so that they can practice!

Odiham class have been looking at mobile phone safety and internet usage. They have been looking at receiving unwanted messages and what to do, and about how mobile phones can affect friendships. Don't forget, Castle has a subscription to National College, which has lots of useful parent guides. Have a look at this one: [12 Smartphone Tips | Free Online Safety Guide](#)

There is more information at the bottom of this letter.

Students in Totnes have been practicing tying their laces.

Chillingham class have been looking at public and public body parts and places, and have been exploring the pants rule.

For more information about Pantosaurus, and the PANTS rule, please look on the NSPCC website: [PANTS resources for schools and teachers | NSPCC Learning](#)

This link includes a parent's guide about using these resources, with children with Autism, and with Makaton users, so please do have a look.

A big thank you to Newbury Recycling centre, for letting lots of classes visit and have a tour of the Recycle centre, for our Reduce, Reuse and Recycle topic. Students learnt a lot and the recycling centre staff were so helpful, really

Some photos of our learning



understood our students, and gave them 1:1 support and a dedicated guide! Thank you all. Porchester have been taking their soft plastic recycling to the supermarket with them each week. Please do ask your children to recycle at home, some of them are getting very good at it and could save you a job!



As always, Castle pupils have been kind and reassuring to each other. Blaise class have been offering a reassuring hand to their friends. Donnington house have been sharing their work with their friends. One pupil showed her lovely snowman to Blaise class.

Just a reminder that everyone with an EHCP, age 14 plus, is eligible for an annual health check.



	OK	Not OK	Don't Use
leaf	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
red pepper	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
banana	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
spring onion	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
broccoli	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
tomato	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
city water	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Here is some information from Dr Heather Howells , who is the GP Clinical Lead for Mental Health and Learning Disabilities, for Berkshire West:

You may be aware that from the age of 14, everyone in a special needs school, is eligible for an Annual Health Check at their GP surgery. All people with a Learning Disability aged 14 and over should receive a check every year. The Annual Health check covers all aspects of health and wellbeing, you can learn more

about Annual Health Checks here:

<https://www.mencap.org.uk/advice-and-support/health/annual-health-checks>



The Castle School is a National Online safety certified school. Thank you to the parents who signed up or completed a course last year. You can see our plaque in reception, along with some internet safety guides, which you can also download from the National Online Safety workshop, or pick up from the display in the pastoral room. There are also some guides on our school website, in We now have National online safety logins for all staff, so that everyone can complete their annual certificate for online safety this year, so that we can help keep our pupils safe online. Many staff have also accessed other courses and seminars. Teachers are able to use the resources and planning to ensure that we are giving our students relevant and up to date online safety lessons, throughout the year. Some parents and carers have signed up, and have completed courses have accessed important internet safety guides for their child. We are hoping that more parents will sign up soon. If you would like to sign up to help your child stay safe online, please do. We have put some useful courses in the watch list, once you log on.

We are sure that you will agree that online safety is so important to keep everyone safe, which is why we are committed to training our staff and giving our pupils the best possible lessons and care. We are looking forward to more parents joining us with our National Online safety journey.

We would like to achieve the award again this year, as online safety is a big priority at The Castle school. We need parents to complete courses too. If you would like a parent login, for National Online safety, to make use of the brilliant training and resources, please contact Hayley.

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