

Dear Parents / Carers

**The Castle School Pastoral Team have linked up with the NHS for a workshop to be held in school on Tuesday, 28th November 2023.
10:00 – 12:00**

Toilet training intervention workshops for parents of children with additional needs over 4 years old.

Some children struggle more than others when learning to use the toilet. This can be for a variety of reasons. We understand how very stressful this is for parents.

We (NHS) offer free workshops for families in Berkshire covering:

- Toilet training – trouble shooting the difficulties parents and their children are experiencing
- How to help child have a healthy bladder and bowel
- Specific information for families with a child or young person with additional needs

It also provides parents the opportunity to ask those difficult questions about toilet training in a safe space.

Parents of Children under 4 years should continue with general toilet training advice.

If you would like a place for this morning, please contact with Jackie Hogg on 01635 42976, 07824 551857 or via email - jhogg@castle.w-berks.sch.uk

Spaces are very limited so please be quick