

Keyworking Team Berkshire West Newsletter

(for young people, adults up to 25yrs, parents and carers)

Issue 3, August 2023

Hello and welcome

This newsletter brings you all the latest information about our new Keyworker Programme.

Our Keyworker Service is set up for children, young people and adults up to the age of 25 with a learning disability, autism, or both, who are at risk of being admitted to a mental health inpatient unit/hospital or are already an inpatient.

It's being developed to make sure that individuals and families get the right support at the right time, and that local systems respond to their needs in a holistic and joined up way.



Care Navigators

Within the Keyworker Service, there will be people called a Team Lead, Dynamic Support Navigators, Community Link Workers and Administrators. They will make sure that these young people, adults up to the age of 25 and families mentioned earlier get the right support at the right time.

They will make sure that local systems work together in a joined-up way.

They will also make sure that the right support is consistently offered to provide care and treatment within the community.

They will make sure young people, adults up to the age of 25 and their families:

- Feel listened to and informed
- Are fully involved in their plans
- Receive personalised plans

- Have the support they need at the right time, in a co-ordinated way
- Help families feel less stress and more stability.

The Team, will work with young people and adults up to the age of 25 with the most complex needs, as well as their families and carers.



What you say, matters



This new service has been developed from working closely with children and young people and their families and carers across Wokingham, Reading and West Berkshire. They said that children, young people and families should:

- Feel safe and happy
- Feel listened to and informed
- Feel involved in their plans, care and support
- Experience a reduction in stress and uncertainty and an increase in stability

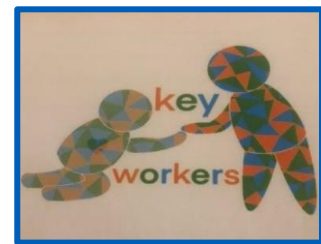
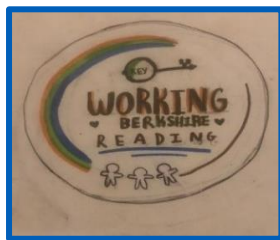
We listened, and this has been written into our decisions for what the Keyworker Programme must deliver.

Keyworking Team Logo Competition Results

On 9th May 2023, we announced the results of the logo competition at Reading Special Utd. The task was for young people to design a logo they felt best fitted with the purpose and aims of our new Keyworking Team.

We were delighted to receive 14 entries, all of which were an excellent effort from the young people. We asked everyone to vote so we could narrow it down to four finalists. Our steering group, colleagues' young people and parents from Special Utd (Reading) and Say Yes (Wokingham) voted on their favourites.

Here are our excellent finalists...



The winner was...



Zimal,
She received a £20
Amazon Voucher and
goody bag.



Prizes for everyone

All the young people who entered received a goody bag with therapeutic colouring books, pens etc. **A very BIG Well Done and Thank You to all those who took part!**

Picture taken at Special United Forum, with consent from all to share.



How will the Keyworker Team Berkshire West work?

The programme will work on behalf of young people adults up to the age of 25 and their families and carers on removing challenges and barriers. We'll make sure that there is a view of needs across each system so that we strive to meet the needs of the individual.

We'll make sure that all young people and adults up to the age of 25 have a clear and personalised care plan to promote their development.

We will oversee the completion and implementation of the Care (Education) and Treatment Plan (C(E)TR) and update the Dynamic Support Register (DSR). We will use the DSR to enable multiagency conversations to avoid psychiatric inpatient admissions.

The service will be available to all individuals who meet the criteria below.



Criteria for keyworker support

- A diagnosis of a learning disability, autism, or both
- 0-25 years old
- Potential risk of inpatient admission to a mental health unit/hospital
- On the Dynamic Support Register (DSR) and are marked as being at crisis point (red/amber)
- Registered with a GP located in Wokingham, Reading or West Berkshire
- An individual in Care, placed out of area, that the Berkshire, Oxfordshire and Buckinghamshire Integrated Care Board (BOB ICB) hold commissioning responsibility for

If you have any queries about the Keyworking Team Berkshire West, please contact

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