

# PSHE/Life Lessons Newsletter



Term: Autumn term 2 2022 (Personal, Social and Health Education)

## Celebrations of our learning this term:

At the Castle School, we work really hard in PSHE, and have some celebrations to share with you:

Conway went on a pumpkin hunt. The purpose was to match the emotion card to the emotion drawn on the pumpkin. Everyone enjoyed being outside in the sunshine and had lots of fun!

Primary are organising a harvest sensory afternoon, on the last day of term, which will include their special emotion pumpkins. P4PC organised a whole school Harvest Festival event, to help bring everyone together. We have arranged games, crafts, sensory activities a Harvest Bake off and a disco. Thank you to everyone who donated to our food bank collection. West Berkshire foodbank are very grateful, and your donations will help people immensely. Look out for the next PSHE newsletter for photos of our harvest event.

Oxford and Carisbrooke learned about the importance of hand washing, using glitter and lotion to demonstrate just how far the germs can spread when you touch different surfaces! They needed to use lots of soap and water to clean their hands and get rid of the glitter.

Chillingham class have been learning how to take turns. They have been playing games including pop up pirate and have been practicing taking turns, with help. Well done Chillingham!

Some of Blaise class have been working on their fine and gross motor skills to assist them in learning to undo buttons, so that they can help assist with dressing and undressing."

They have been using their pincer grip to take pegs off their tops, and putting them in the basket. They have been problem solving by crossing the midline, so they can reach all the pegs. Fab work Blaise class!

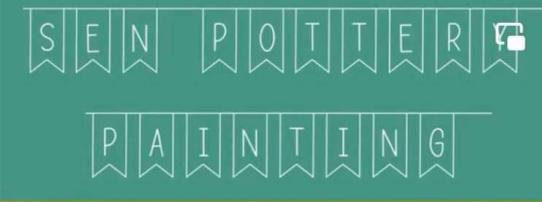
Wallingford students wrote messages for the queen on labels to hang on a tree in Newbury college's garden of remembrance.

Well done to all students for their brilliant community spirit and hard work in PSHE this term. Thank you to parents and carers for all your help and support. We hope you all have a wonderful half term holiday and we look forward to seeing all the pupils again next term, when we can share more fabulous PSHE work with you.

## Some photos of our learning



Students have many activities in school that they like to take part in, to improve their mental health. It is always good to hear about activities that our students can take part in out of school. The Ugly Duckling in Newbury, are running monthly SEN Pottery sessions, which some of our students have already tried and enjoyed. Here is some information:



*We are very excited to announce we will be holding SEN sessions on EVERY last Sunday of the month 10-12pm (except dec) This will be for SEN families only to allow us to provide a less busy, calm and quieter environment.....Sarah our assistant manager has previous training with SEN and will be running the session....the cost is dependent on what you choose and starts from as little as £3.99....please call us on 01635-523778 to book a slot and please mention it is for the SEN SESSION*



*The ugly duckling 2-3 Bartholomew street, Newbury RG14 5LL*

**As you know, The Castle school is now a National Online safety certified school (2021-22) and we are working towards getting the certification again. Please can you help us?**

All our Teachers, TA's and Safeguarding Leads have completed their annual certificate for online safety, so that we can help keep our pupils safe online. Many staff have also accessed other courses and seminars. Teachers are able to use the resources and planning to ensure that we are giving our students relevant and up to date online safety lessons, throughout the year. Some parents and carers have signed up, and are able to complete courses and access important internet safety guides for their child. We are hoping that more parents will sign up soon. If you would like to sign up to help your child stay safe online, please do. We have put some useful courses in the watch list, once you log on. **We need a parent to complete one of these courses, to achieve the certification again. Please can you help us?**

We are sure that you will agree that online safety is so important to keep everyone safe, which is why we are committed to training our staff and giving our pupils the best possible lessons and care. We are looking forward to more parents joining us with our National Online safety journey.

**If you would like a parent login, for National Online safety, to make use of the brilliant training and resources, please follow this link:**

**<https://nationalonlinesafety.com/enrol/the-castle-school-2>**