



When Wednesdays
during term time

Time 4-5pm and
5.30-6.30pm

Sibling Support Online Workshops

Swings & Smiles is very excited to be offering our SIBSupport workshops online so that all siblings can access our support, even if they can't make it to our centre.

The workshops aim to support children with disabled siblings in their relationships and understanding of others as well themselves. We will encourage them to grow in confidence and resilience, and improve their overall wellbeing.

Swings & Smiles is a charity that supports disabled children and their families. We understand just how different life can be as a child with a disabled sibling, and our SIBSupport work is an important part of the services we offer.

These workshops will be a great opportunity for children to make new friends and spend time with peers who can relate to some of the highs and lows that come with having a disabled sibling. There is never a dull moment with plenty of activities and games on offer during each session. We'll be running the following sessions on Wednesdays during term-time:

Children in Years 3 to 6 - 4-5pm

Children in Year 7 and above - 5.30-6.30pm

If you would like to book onto one of our courses or find out more about our SIBSupport services please email sibsupport@swingsandsmiles.co.uk with the name and age of your child. We will then be in touch with a registration form to get you signed up and ready to go.