

PSHE is a vital and critically important element of our young people's learning and development. Our students are not waiting to become adults they are citizens now. In order that they can make positive, fulfilling and safe choices in their lives, we must ensure that they gain awareness, understanding and skills for their lives now and in the future.

PSHE and the wider school curriculum is integral to safeguarding education, young people must have understanding of themselves, their values and attitudes, respect for those of other people, the challenges and risks that are present in all of our lives and contexts and how to manage these challenges and access support.

PSHE is taught through planned sessions, but is it also intertwined within the whole of our school community, from the journey into school, shared meal times, nurture and engagement sessions, physical activity, outdoor experiences and so much more, PSHE encompasses how we interact with each other, how we feel and respond in different situations and how we challenge ourselves and grow.

This curriculum from the PSHE Association covers the breadth of PSHE from all statutory requirements (including Relationships Education, RSE and Health Education) to economic wellbeing, careers and life in wider society. Content is set out in year groups across key stages. Learning opportunities are spread across core themes: Health and Wellbeing, Relationships, and Living in the Wider World.

The drivers for our curriculum are;

- Communication
- Self-awareness, ourselves in relation to others in our wider world and awareness of others
- Develop sense of safety and assessment of risk in our everyday lives in order to make informed, safe, fulfilling choices
- Resilience and problems solving skills