



## The School will do its best to:

- Provide an environment which has been risk-assessed in response to the COVID -19 infection.
- Provide a curriculum that meets the needs of your child
- Contact parents and carers if your child shows any symptoms.
- Inform you if a member of staff or pupil/s has had a positive test.
- Continue our clear and consistent approach to behaviour as set out in our behaviour policy.
- Communicate between home and school through newsletters, text messages, email and the school website where appropriate.
- Use email communication in place of home-school diaries where possible

## To help my child at school, I know and understand that:

- If my child shows symptoms of COVID-19, I **must not** send my child to school. *Please see information on self-isolation rules †*
- I will inform the school as soon as possible if my child shows any COVID-19 symptoms.
- I will inform the school as soon as possible of any COVID-19 PCR test results of my child.
- If my child shows symptoms of COVID-19 at school, I will be contacted by school staff and I will collect my child from school as soon as is reasonably possible.
- When dropping off and picking up, I will stick to the school timings for my child. I will wear a face covering if I have to enter the buildings.
- My child will need to use good respiratory and hand hygiene. The school will help to support this.
- My child (if year 7 and above) will wear a face covering in school if they are able to.
- I need to support all staff in their efforts to create an 'as safe as possible' environment.
- I will read all letters, messages and emails that are sent home.
- I will inform the school immediately of any changes to parent/carer contact details.
- I will keep my child at home if they are ill, even for non- COVID -19 related illnesses.

Book a PCR test for you or your child if you are concerned that either of you might have Covid-19 or have had contact with someone with Covid-19. If you don't meet any of the criteria for seeking a PCR test, please tick the box **'I've been told to get a test by my local council, health protection team or healthcare professional.'**

## Our Pupils Promise

- Stay in my class all day.
- If possible, tell an adult if I feel unwell.
- Only enter and exit the school building from the designated gate/door and from my classroom door.
- Wash my hands for 20 seconds and use soap throughout the day.
- Keep myself and my friends' safe at school.

### **Parent/Carer Expectations**

- Pupils should wear school uniform. This should be clean. We will be spending time outside, probably in all weathers so outdoor shoes may be needed on the field as well as an outdoor coat.
- School meals will operate as normal – pupils will eat in classrooms. Please send in a snack if your child requires it, as there will be limited supplies on site. Can you please provide a named water bottle.
- School meals will need to be paid for online. Please contact the school if you have difficulty with this.
- Pupils must be dropped off at their allocated doors. They will be collected by school staff. At the end of the day pupils will come out of the same door.
- Parents should try and restrict discussions with staff or other parents at the start or end of the school day. This is to ensure that we limit the number of people congregating on site in order to minimise possible transmission of COVID-19. Please use telephone or email to communicate instead.

### **Self-isolation**

As you will be aware, the government ended the legal duty to self-isolate if you are a close contact with someone who tests positive. However, after carrying out a risk assessment of the safety of our staff and pupils, we have decided for the current time that if a staff member lives with someone who tests positive for covid-19 with a PCR then they should remain away from school for 10 days from when the symptoms started. This is to ensure that our school environment is as safe as possible for everyone and that we reduce the chance of transmission.

In order to ensure we achieve the highest levels of safety and to avoid an outbreak of COVID-19 at school I would encourage that if anyone in your household receives a positive PCR test that you keep your child at home for 10 days from when the person's symptoms started. This will not be classed as a normal absence and will not affect your child's attendance percentage. If you have any questions about this, please don't hesitate to speak to any member of the senior leadership team.

### **Advice on keeping everyone safe**

- **Hands** – wash with water and soap or use hand sanitiser regularly.
- **Face** - please try to wear a face covering when in enclosed spaces or large groups of people.
- **Space** – allow as much space and distance between you and others, and try to avoid crowds.
- **Fresh air** - meet friends outdoors or in well-ventilated areas as much as possible will help keep everyone safe

## Potential Class Closures

Our intention will always be to keep the school open to all pupils. However, in exceptional circumstances such as the following, we may need to close classes or key stages. The reasons may include:

- Staff shortages meaning we cannot safely staff classes
- To help manage a COVID-19 outbreak within the school

### † Self-Isolation rules – what to do:

My child is showing at least one of the symptoms shown below or has had a positive Lateral Flow Test result

Your child should self-isolate at home for at least **5 full days\*** **please see updated self-isolation rules below**

You must get a **PCR test** for your child as soon as possible if they have symptoms

If the test is negative then your child can return to school, as long as they are well enough to do so. If it is positive your child should continue the self-isolation as above from when the symptoms started.

The main symptoms of COVID -19 are:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

### Further information on self-isolation

[How long to self-isolate - Coronavirus \(COVID-19\) - NHS \(www.nhs.uk\)](#)

You can check symptoms and organise a test by going to NHS coronavirus website here

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

You can get a test by going to: <https://www.gov.uk/get-coronavirus-test>

**LATEST SELF-ISOLATION RULES** \*Since Monday 17<sup>th</sup> January, the 7 day self-isolation period for people who record a positive PCR or LFD test result for COVID-19 has been reduced to **5 full days** in most circumstances, unless you cannot test for any reason. Please note that the day that symptoms start or when a positive LFD test was done is **Day 0**. The isolation period always starts the next day, which is **day 1**.

Individuals may now take LFD tests on the morning of day 5 and the morning of day 6 (24 hours apart). Those who receive two negative test results can leave isolation after their second test on Day 6, as long as they do not have a temperature.



**Anyone who is unable to take LFD tests will need to complete the full 10 day period of self-isolation.** Further information is available in the [stay at home: guidance for households with possible or confirmed COVID-19 infection](#).

**Zones are as follows**

We have set up zones in order to reduce mixing between classes. Below shows which classes are in which zone.

<b>Zone</b>	<b>Classes/areas</b>
<b>1</b>	Cardiff, Blaise, Conway and Pembroke
<b>2</b>	Balmoral, Skipton, Farnham, Tiverton, Colchester and Dover
<b>3</b>	Windsor, Oxford, Totnes, Chillingham and Pendennis
<b>4</b>	Flint, Dunnotar, Wallingford and Plympton
<b>5</b>	Main Site Reception