

West Berkshire SEND Local Offer Newsletter Spring 2019



WestBerkshire
C O U N C I L

West Berkshire Directory website

Welcome to the West Berkshire Directory

Your one-stop shop for help and support in West Berkshire



Adults



Families



SEND Local Offer

We have been working on our new website this year to provide a one-stop, online shop, this is able to provide current information, advice and support on a wide range of services for adults, families and children in West Berkshire. All this information is free for you although the services available may have a cost involved. You may need an assessment from one of our Children or Adult Social Care teams to access some of the services. This is also an excellent resource for many professionals.

The wide range of information available includes local and national services. From ante natal clinic to toddler groups, schools and colleges, clubs, debt advice and care homes and day centres.

Initially it is divided into 3 areas

- Adults – Adult Social Care
- Families Family Information Service
- SEND Local Offer

There are almost 2000 records in this directory and it is being continually updated, we rely on the updating being carried out by the contributors but we are constantly monitoring and checking the records.

This is how those 3 areas are divided out.

Adults	Families	Local Offer
Need help at home? Do you feel lonely, or anxious or emotionally distressed? Are you looking after someone? Looking for care homes or supported/sheltered living? Do you need help staying safe from abuse or neglect? Looking for activities/clubs/events in your community? Do you need help getting out and about? Concerned about your hospital stay? Looking for housing information? Need health information or support? Looking for help with finances? Would you like to learn, work or volunteer?	Care and Support Childcare Education and Learning Family Hubs Health and Wellbeing Leisure and Recreation Training and Employment Money Matters	Care and Support Childcare / Short Breaks Leisure and Recreation Education and Learning Health and Wellbeing Preparing for Adulthood Travel and Transport

Please take time to have a look round it and use the feedback tab on the right-hand part of the screen to give us feedback. If you have a service or resource that you would like to promote please do by registering in the top right hand corner of the screen



You can update your own record by logging on in the top right hand of your screen using the link below.

<https://directory.westberks.gov.uk/kb5/westberkshire/directory/localoffer.page?localofferchannel=0>

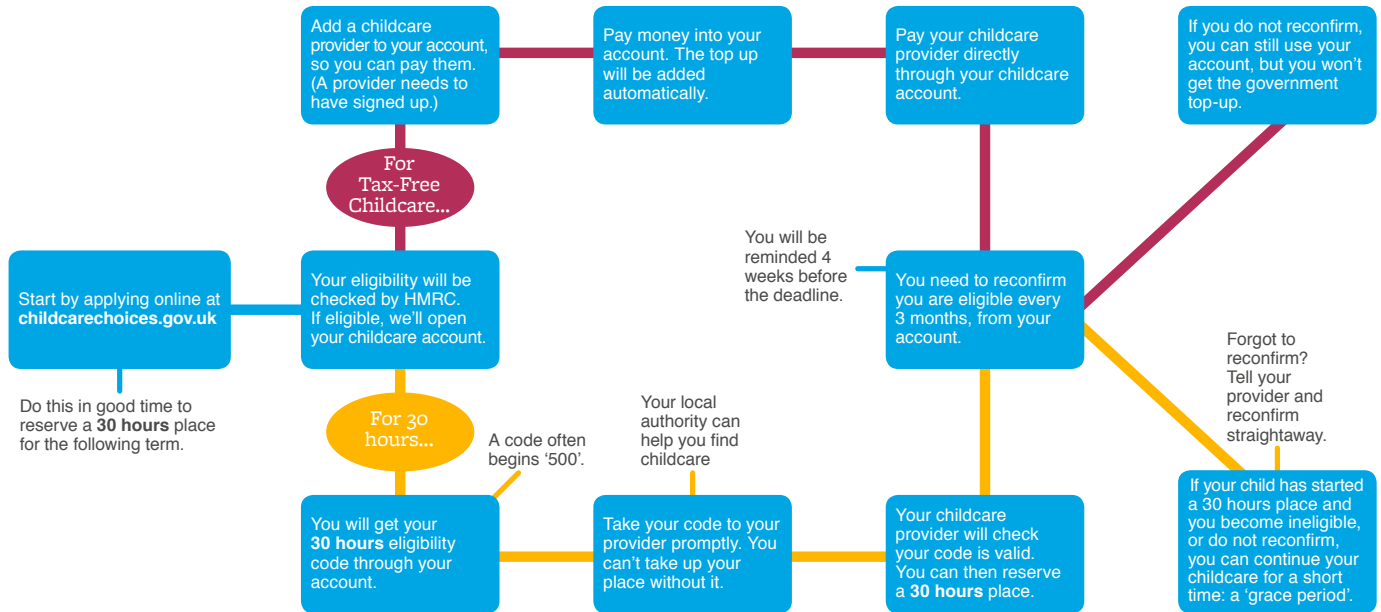
Once you are logged in update your record in the Provider Updates on the left hand side.

If you have any problems registering, logging in, searching, have any questions or need some support then please contact Wendy Neighbour on 01635 503100, email fis@westberks.gov.uk

<https://directory.westberks.gov.uk>

How to apply for 30 hours and Tax-Free Childcare

Use the joint application for both Tax-Free Childcare and 30 hours. Follow the steps below to get the most out of your childcare account and to access your 30 hours code.



Check your childcare options at childcarechoices.gov.uk



HM Government

West Berkshire IASS (Information, Advice and Support Service)

We have a duty to provide information, advice and support to disabled children and young people, and those with SEN, and their parents. They are statutory services which means there must be one in every local authority.

They are free, impartial and confidential services. Some of you will know these as Parent Partnership prior to the reforms in 2014. Our role is not only to advise parents but to empower them to understand the legal responsibilities of schools and the local authority.

We have two advisors in West Berkshire who can support parents and carers on the phone, email or even attend meetings with them. Their names are Jen Jones and Maxine Jewitt.

Website:

www.westberkssendiass.info

Helpline number: 0300 303 2644

Email: WestBerksIASS@roseroad.org.uk

If you would like our advisors to attend an event/ coffee morning, we would be glad to. We can talk to parents about SEN Support (for those pupils without EHCPs), how to apply for an EHCP or preparation for an Annual Review.

Jo Maxwell-Heron

West Berkshire SEND IASS & Parent Carer Forum Manager

Telephone: 07881 340136

The Rose Road Association

Bradbury Centre, 300 Alder Moor Road, Southampton SO16 5NA

www.westberkssendiass.info

www.wbpcf.org.uk

www.roseroad.org.uk





Mindfulness Workshop

Date: 9th July 2019

Venue: Thatcham Baptist Church

9.45am – 2pm

Please bring your lunch



Would you like to find a way to reduce stress for yourself and your child on the spectrum? Would you like to find a new way of doing something together calmly?

This workshop will explain what mindfulness is and give a brief background, as well as some practical input. It will offer resources and an opportunity to try out some mindful activities.

Presenters:
Lesley Botchway
Melissa Hutchings

Book a place on: 01635 503646
or for further information

Please contact

Lesley.Botchway@westberks.gov.uk

PALS is a West Berkshire charity that has been working with children and young people with physical disabilities since 1997. Our aim is to build the children's confidence and help them to overcome isolation.



We offer a wide variety of social and leisure activities for those aged 5 to 25. During term time, activities take place after school and at weekends, and during the holidays we run them throughout the week. In addition, during the holidays the children and young people have the opportunity to take part in residential trips. The activities provided not only give your child the opportunity to develop socially, but also for you to have a well-earned break with other members of your family.

PALS are thrilled that one of our amazing volunteers, Kieren Nailer, is the very worthy winner of The Pat Eastop Junior Citizen Award. We are completely blown away with Kieren's

level of commitment and enthusiasm that he brings to PALS. He regularly helps with the PALS' youth club on a Friday evening and has now volunteered over 100 hours of his time. Not only does he bring a friendly face to the evening but he takes on all the activities in his stride and forms great relationships with our 'PALS'. Kieren has gone above and beyond as a PALS volunteer, having also taken on the fundraising challenge of running Newbury's 10k race - the ROC 10 and more recently dressing up as our mascot "the PALS Pooch" for Thatcham Funday and then running the Mascot race! Kieren is a fantastic role model to all of our young volunteers and thoroughly deserves this recognition for his outstanding contribution to PALS.

PALS -The Pals Office, Mayridge Farm, Englefield, Berks, RG7 5JT

If you would like to find out more about PALS, please contact Helen Telephone: 01189 323799 Mobile: 07887 871112

Newbury College



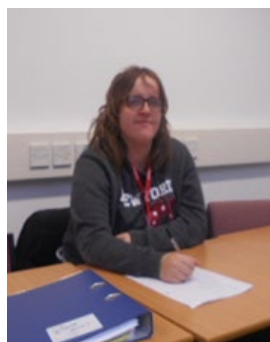
Newbury College

Foundation Learning Department

In our Foundation Learning Department, we have a range of courses from Entry 1 up to Level 1 to meet the needs of different needs of young people with SEND. There are over 50 students in the department from across several counties giving a real mix to who is there. They have their own dedicated staff and facilities while benefitting from being part of a mainstream college and able to mix with other young people.

Amber's story

Amber has been a student at Newbury College for three years. She progressed up through our First Skills Course onto Work start where she is learning the skills required for getting employment or voluntary



work after college. Recently Amber took the big step of moving into her own home and is enjoying her new independence.

Amber says the best part of college is her Work Experience, which she does with the help of a college support worker every week. Amber goes to the Watermill Theatre one afternoon a week and she volunteers at the Green Gym every week. There she helps to prune trees, lay paths and tidy up public areas.

Amber is always ready to try out new things but it is great to see her developing the skills needed for work. Amber has increased her stamina to keep going with a job and become more confident in talking to staff on placement to find out what to do and to follow instructions.

Amber has enjoyed her time at Newbury College and will be missed when she moves on in the summer.

Swings & Smiles, A Place to Play



At Swings & Smiles we have always considered Sibling Services to be a very important part of what we offer our families. We have seen a huge increase in demand for these sessions over the last 12 months and this just continues to grow.

We support siblings in a number of ways including 5 week courses for groups in schools, monthly drop in sessions at the centre, and older group and various activities throughout the school holidays as well as one to one support.

The groups in schools are structured sessions using group work and games to help tackle and solve many issues that siblings might encounter. We aim to increase awareness and understanding of emotions, to normalise them and learn coping strategies. Running these in a group setting helps reduce common feelings of isolation and increases confidence by being amongst peers who have similar experiences.



We run two weekend sessions at the centre on a monthly basis. One for Year 6 and over and another for all children aged 5. These sessions are formed around the children having fun! There are always a number of organised activities for

the children to enjoy as well as use of the soft play, arts and crafts and access to our fantastic SIBS den complete with Xbox! This is time for the



siblings to have some time out in a safe place and make new friends. This is also a place for the children to talk to staff about anything that may be on their mind.

The future is looking great for our SIBS with some exciting plans in the pipeline, we look forward to growing our SIBS family and continuing to deliver this vital service.

Swings & Smiles, A Place to Play

Lower Way, Thatcham RG19 3RR

Telephone: 01635 285170

Email: laura@swingsandsmiles.co.uk

www.swingsandsmiles.co.uk

Registered charity number 1120598

Brookfields School wins prestigious careers award

Brookfields School is proud to announce that the Career Development Institute has recognised its innovative careers programme with the award of "Best Practice in a Special School" in its 2019 UK Career Development Awards.



Brookfields was shortlisted along with 3 other schools for its innovative careers education programme 'Pathway to Employment' and won the coveted award.

The Pathway to Employment programme has been developed over the last 8 years with the objective of helping students into the world of work when they leave school. The school works in partnership with 70+ employers who support the students with work placements, interview skills practice and mentoring. It also has very close ties with specialist careers organisations Talentino! and Ways into Work which both work to help people with learning difficulties to gain employment.

Over the last 8 years the school has helped over 50 young people to get full time or part time jobs with local companies and organisations.

Headteacher Brandon Mills and members of the team collected the award on behalf of Brookfields and said "We are honoured and proud to have been awarded this prestigious

accolade as it endorses the work of our amazing Pathway to Employment team here at Brookfields, the focused support of the families that we work with and our fantastic business partners and employers. Together we are transforming the lives of so many people and are committed to raising the aspirations of them, their families and employers in supporting our learners' journeys from education into the world of work."

About Brookfields School

Brookfields School is a school for children aged from 3 – 19, all of whom have a learning difficulty. Some of the learners have additional needs such as autism, a visual or hearing impairment or a physical disability.



Dads' Support Group



We began a monthly support group for male carers in July 2018. This was a result of feedback we received about the importance of offering support for males in a way and at a time of day that suited them. The group is now well established, and attended, and will continue to run throughout 2019.

What has become obvious is that dads of children with special needs have the same needs for sharing the joys and challenges of parenting in a group where there is understanding and acceptance; a place and time where there's no unsolicited advice or suggestions given.

Aims of the Support Group:

- Provide a safe and supportive environment to share experiences and explore the unique challenges faced by dads of children with additional needs
- Establish support/social networks for dads

Thanks to funding from Berkshire Community Foundation this event is free to Berkshire dads. Other areas of PSC work receive no funding at all, for example our Helpline, so we are always grateful for any donations however large or small.

Please note that we cannot accommodate children at this event.

Date: Tuesday 2 April 2019. Time: 7:30 pm - 9:30 pm

Venue:

Wokingham Waterside Centre
Thames Valley Park Drive Earley
Reading, Berkshire RG6 1PQ United Kingdom

Contact:

admin@parentingspecialchildren.co.uk

0118 9863532

www.parentingspecialchildren.co.uk/



Happy Days
Bringing families together

SPRING / SUMMER 2019

Our Story



Happy Days is a voluntary club set up and run by just myself with the support of my family. I have Asperger's Syndrome which is on the Autistic Spectrum. I have a husband called Dan and two children Finn and Tilly. Finn is 14 and has Asperger's too and Tilly is 12.

I set up the club in January 2012 as a voluntary club helping families like ours. I work for a secondary school and have run a successful youth club since 2001 for young deaf teenagers. They have helped me understand the world around them and they have given me the passion and the determination to help young people believe in themselves. The club is still voluntary run by myself and I am very proud of it and the young people that help too.

Happy Days was born in the hope to help others and to provide a space once a month for children and young people across West Berkshire. The club is for children and young people on the autistic spectrum, deafness, ADHD and their families (siblings and parents) we all understand the difficulties and can support each other. It means we can be ourselves in a space to call our own. We don't judge and we don't hide away from the fact that they we are all living with hidden disabilities.

There is one group: HD Gamers Den—a club with computer consoles and board games for young people aged 11-18 years old on a Tuesday once a month 6.30-8.30 pm.

**Helping bring families together
in West Berkshire**

SPRING / SUMMER

Our Story	1
HD Gamers Den 11-18 yrs	2
Membership form	3 & 4

Where is it?

Mary Hare School
Secondary School
opposite Snelsmore
Common on the
Wantage road.

Postcode: RG14 3BQ

Whose there?

KiriLynn, Dan, Finn
and Tilly.

Contact?

KiriLynn Gardner
Email preferable
K.gardner@maryhare.
org.uk

Cost?

We are a voluntary
club but rely on
fundraising and
donations all we ask is
for a small fee per
child in the form of
membership fees paid
half yearly.



www.colesdiner.co.uk



Happy Days

'Bringing families together'

Contact Details:

Kiri-Lynn Gardner

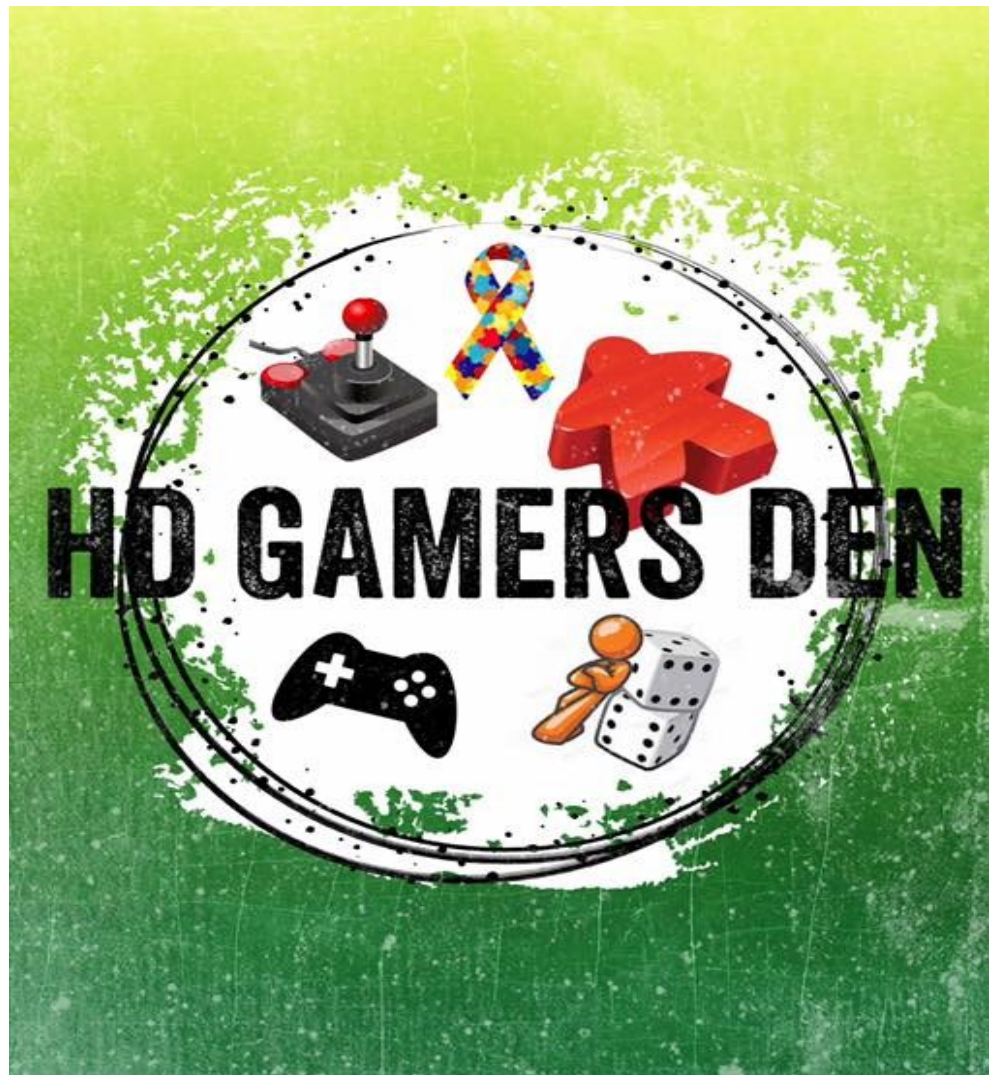
Coles Diner

Mary Hare School.

Newbury RG14 3BQ

K.gardner@maryhare.org.uk

07867 311 236 (text only)



HD Gamers Den is a club with games, consoles and board games for young people with ASC, Deafness and or ADHD aged 11-18 years old. It runs on the second Tuesday once a month: 6.30-8.30 pm. It is held at Coles Diner within the Mary Hare School in Newbury. There are no waiting lists but we do ask for you to contact before attending so that we know you are coming along. The first session is free and if you like it you can join as a member. Siblings are welcome and parents or guardians need to accompany too. There is hot food, snacks and drinks for everyone who attends. Bring your own games and handhelds with you to join in the fun. I look forward in meeting you soon !! KiriLynn.



CHANCE TO DANCE STARS CIC SUMMER CAMP 2019

BOOKING IS NOW OPEN!!

*YOUR CHILD MUST HAVE A HOME VISIT BEFORE ATTENDING THEIR FIRST SUMMER
DANCE CAMP SESSION*

Date: Monday 5th August 2019 to Friday 9th August 2019

Time: 9.30am till 4.30pm

Venue: Garth Hill College, Bull Lane, Bracknell, RG42 2AD

Session Cost: Starting from £50

Book; vickieandrews50@hotmail.co.uk or 07736343570

Activities include:

- Swimming
- Dancing, Drama and Singing
- Sports with LAS Fitness
- Arts and Crafts
- Trips
- Zumba from T4ME Fitness
- Showstoppers – musical tasters
- Playtime
- Movies
- Lunch and snacks
- Themed days – dressing up optional



WWW.SENDANCECLUB.CO.UK

You can book your child to attend as much or as little of the week as you like. Full day bookings only. Children under the age of 5 can only attend half days to comply with EYFS and Ofsted. £50 is due on booking. Full payment not due in till 30th June 2019. Victoria Andrews will arrange a home visit for all students booked in that isn't known to Chance to Dance Stars CIC. More details can be found on our website. We do not submit weekly plan in till closer to the time as we build the week around those students booked in. Chance to Dance has no upper age limit.

Dance Day Workshops



Chance to Dance Stars CIC run Dance Day Workshops to give the disabled community the opportunities to try different types of dance/performing arts/sports that is on offer without committing to attending classes.



Dance Workshop SHOWSTOPPERS - Saturday 6th April 2019

Time: 10am till 2pm

Venue: Martin's Heron and The Warren Community Centre in the Dorothy Hayes Room.

Whitton Road, Martin's Heron, Bracknell, RG12 9TZ.

Cost: £30 per child, siblings welcome.

This will be ran by Showstoppers, Mairi, <https://www.showstopperuk.com/>

Dance Workshop MEDLEY DANCE - Saturday 13th April 2019

Time: 10am till 2pm

Venue: Coley Park Community Centre, Wensley Road, Reading, RG1 6DW

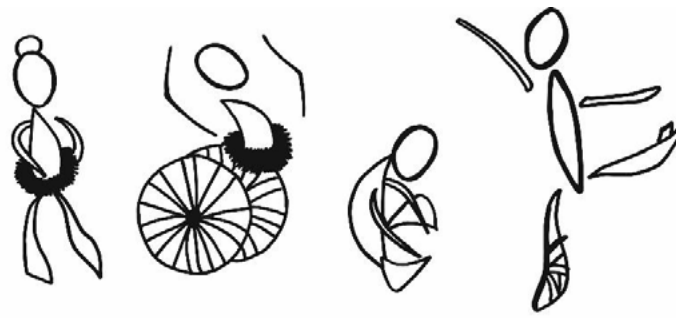
Cost: £30 per child, siblings welcome.

This will be ran by Medley Dance, Alex, <https://www.medleydance.com/>

The day is fun and all about exploring movement with new friends. It includes 2 hours of Dancing and Singing. 1 Hour for Lunch. 1 Hour for Arts and Crafts and Games. Ample of rest in-between activities and we try to get the students outside weather permitted.

Booking is made via <https://chance-to-dance.class4kids.co.uk>

If you only want your child to attend part of the dance day this is an option – lots of children attend for 2 hours of dance. You would need to contact Victoria Andrews on vickieandrews50@hotmail.co.uk or 07736343570.



Chance to Dance

Chance to Dance opened in January 2013 and became Chance to Dance Stars CIC, a registered Community Interest Company from June 2018. Chance to Dance is a unique dance school, that prides it's self in adapting movement and music for all children and young adults with a disability. Giving them access to a dance school and other activities that are structured and designed around who they are and their needs. These children and young adults are a true inspiration to me and my team.



Chance to Dance Stars CIC caters specifically for disabled children and young adults from 2.5 years old that have a physical, cognitive, mental, sensory, emotional or/and developmental disability.



We hold dance lessons on Saturday's once a fortnight. The classes are held in Reading, Coley Park and Martin's Heron, Bracknell full address on the 'contact us' page on the website. We also run Summer Dance Camps, Dance Days, Trips to the Theatre, Dance and Glee Classes.

WWW.SENDANCECLUB.CO.UK

Booking is essential for any activities ran by Chance to Dance Stars CIC. We cater from 2.5 years old. Chance to Dance has no upper age limit. Please check out our website for more details. We take booking and payment through ClassForKids.


 Chance to Dance
 CHANCE TO DANCE STARS CIC PRESENTS
THE GREAT GATSBY
SATURDAY 29TH JUNE 2019
 Hilton Reading, Drake Way, Reading RG2 0GQ
 6.30PM TILL 12AM

<p>TICKETS</p> <p>£50 Early Bird before Xmas £60 ticket price</p> <p>DRESS CODE Great Gatsby/1920's</p>	<p>INCLUDED</p> <p>Reception Drinks 3 Course Dinner with Wine Tea & Coffee Disco & Evening Entertainment</p>
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TO BOOK CONTACT
 Victoria Andrews – vickieandrews50@hotmail.co.uk/07736343570
 or Lynda Coultas – lyndac2012@outlook.com/07764950649

The Great Gatsby is a fundraising event to support the disabled community.
 Visit our website: www.sendanceclub.co.uk

HEROS EDUCATION OPEN EVENING

Thursday 4TH April
5-7^{PM}

*“Let us help you find the
pathway to your new career
with horses.”*



Education Hub, North Farm Stud, Fawley, Oxfordshire, OX12 9NJ
01488 638820 • info@heroscharity.org • www.heroscharity.org



Final 11 bursaries expire 31st March 2019



Improve your CV
-
Flexible study
-
Develop your skills
& confidence
-
Help children thrive

Level 3 Certificate in Early Years Inclusive Practice

- Online programme with trainer-facilitated group sessions and ongoing support.
- Four units with average of one hour study or practical activity per day for four months.

Who is it for?

Early Years Practitioners working with children with SEND.

Want to know more?

Contact Julia: julia.cox@dingley.org.uk

Though not a nationally recognised qualification, this course has been accredited by ncfe, demonstrating the quality and rigor.

Special Offer for West Berks settings

Full course only £111 until
March 2019!

Bursaries provided by
Greenham Trust

From April 2019 course fee returns to
full price of £495.

The course is managed by the Academy
of Leadership and Management, and
accredited by ncfe.







Easter Holiday Playschemes

We will be running play schemes at our **West Berkshire Centre** during the Easter Holidays on **Monday 15th and Tuesday 16th April** from **9:30am to 2:30pm**

Our holiday playscheme sessions are for **children with additional needs and their siblings** (if under 8 years old). These playschemes offer **fun activities for all the children** that attend, whilst **giving parents and carers a much needed break** during the school holidays.

Location: Dingley's Promise, West Berkshire Centre, Poplar Place, Shaw, Newbury, RG14 1NA

Contact Abi Preston-Rees for details about availability and cost.
abi.preston-rees@dingley.org.uk, 01635 552458



Come along to our Stay & Play!

Thursday 18th April

Joint Stay and Play session with Dingley's Promise,
Swings and Smiles, PALS and Mencap

10am – 2pm

West Berkshire Mencap, Enbourne Gate, Enbourne Road,
Newbury, RG14 6AT

Our Stay and Play sessions provide **fun opportunities for children with additional needs** to increase social interaction, creative play, physical skills and communication. Siblings are welcome too! It is also an **opportunity for parents and carers to form friendships** with other parents and **share knowledge and experiences** with the support of our Family Support Worker.

If you have any questions, please contact **Lynda Bolster** on **07495 446053** or speak to a member of the team.

We hope to see you there!

Are you a parent/carer of a child aged 0-5 with **SEND?**

Are you looking to meet other parents/carers to share ideas, experiences and challenges?

 Come along to our Coffee Mornings

Reading



2nd Monday
of the Month



Dingley's promise,
Reading, Kennet Walk
Community Centre,
Kennet Walk, Kenavon Drive,
RG1 3GD



9.30-10.30am

West Berkshire



3rd Monday
of the Month



Newbury Judo Club,
Poplar Place, Shaw, Newbury,
RG14 1NA



9.30-10.30am

Wokingham



4th Monday
of the Month



Methodist Church,
Rose Street, RG40 1XS

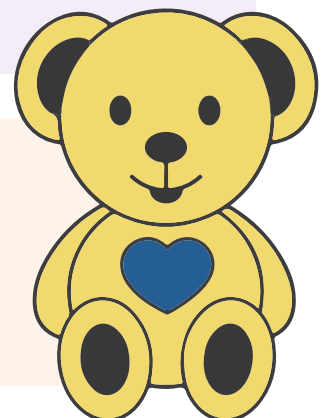


9.30-10.30am

Help us to help you by supporting each other!

Our coffee mornings are open to all parents/carers in the community who have a child aged 0-5 with SEND (Special Educational Needs and Disabilities)

We hope to see you there!



Do you have a child with **SEND** aged between 0-5 years old?

(children with special educational needs and disabilities)



Come along to our Stay & Play!

2nd Friday of the month

Wokingham Centre, All Saints School, Norreys Avenue, RG40 1UX

3rd Friday of the month

Reading Centre, Kennet Walk Community Centre, Kennavon Drive,
Reading, RG1 3GD

Last Friday of the month

West Berks Centre, Poplar Place, Shaw, Newbury, RG14 1NA

1-2.30pm

A session for children and their parents/carers, providing fun opportunities to increase social interaction, creative play, physical skills and communication.

It is also an opportunity for parents and carers to form friendships with other parents and share knowledge and experiences, with the support from our Family Support Worker.

£2 donation.

For more details please contact: **Lynda Bolster**,
Family Support Worker on **07495 446 053**
or **lynda.bolster@dingley.org.uk**

Look
out for
details of holiday
activities on our
Facebook page and
in the centre.
/dingleygroup



General Enquires 0118 327 7424 | admin@dingley.org.uk



Playschemes

DURING THE EASTER HOLIDAYS

WHEN

Monday 8th April till Friday 12th April

Sessions from 9:30-3:30pm

Monday and Thursday older children 11-18 yrs

Tuesdays and Fridays younger children 3-11 yrs

WHERE

West Berkshire Mencap Centre

Enborne Gate, Enborne Road, Newbury, RG14 6AT

For more information, please contact

Megan Rawlings on

01653 569875 or

megan.rawlings@wbmencap.org

WWW.WBMENCAP.ORG

**WELCOME
TO SEN
CHILDREN
AND YOUNG
ADULTS**

**BOOKING
REQUIRED**

**£ 35 PER
SESSION
BRING
YOUR OWN
LUNCH**

**EXPLORE
The
fantastic
facilities at
West
Berkshire
Mencap
Centre we
also do
trips out**

**ACCESS TO
LARGE
SELECTION
OF TOYS
SENSORY
ROOM
SOFT PLAY
ROOM
LARGE HALL
Large
outdoor
playground
Hoists
Available**



FAMILY STAY & PLAY

DURING THE EASTER HOLIDAYS

When

Monday 15th April and Tuesday 16th April
10am - 2pm

Where

West Berkshire Mencap Centre
Enborne Gate, Enborne Road, Newbury, RG14 6AT

**For more information, please contact Megan Rawlings on
01653 569875 or megan.rawlings@wbmencap.org**

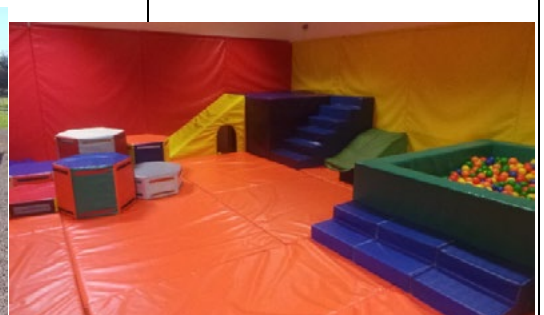
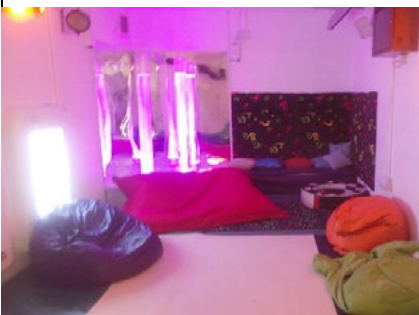
www.wbmencap.org

Welcome to Sen
children and
Siblings from 0-18
Years old

No Need to Book
£5 per Family
Bring your own
lunch

Explore
The fantastic
facilities at West
Berkshire Mencap
Centre own

Access to
Large Selection of
Toys
Sensory Room
Soft Play Room
Large Hall
Large outdoor
playground
Hoists Available





AKTIVE Easter Holiday 2019 Creative Arts and Sports Activities for 16+ with Special Needs

Come and have a go...

Experience the fun and enjoyment of leading an active and creative lifestyle,
meet new friends and take part in many of the activities on offer.

Tuesday and Wednesday

April 9th, 10th, 16th & 17

Sessions to be held at:-

Newbury College

Phoenix Centre Newbury





We are running a variety of events this year. As always our very popular Autistic pride in Prospect Park. We have Stealth Aspies booked to speak, plus will be giving demonstrations of the training we provide, crafts, bouncy castles, trains, quiet space, sensory play and stalls and activities provided by local autism positive providers.

For free tickets please book here:

www.eventbrite.co.uk/e/readings-autistic-pride-tickets-55507487389

These are the dates for Burghfield Autistic Group 2019!



Burghfield Autistic Group is a friendly group for autistic families. It is run by the trustees of Autistic Pride Reading to create a safe and friendly space for all SEN. All welcome! We have a variety of toys, activities on offer. We have a quiet space and several x-boxes. We offer a new activity every month - Easter will be an Easter

trail, forthcoming include sports, a return visit from our favourite magician Jay Rawlings, a Halloween special etc.

Now meeting the third Sunday of most months apart from June (Autistic Pride Annual Picnic in the Park) and July and August (summer holidays). New Venue is Burghfield Scout Hut: The Scout Hut, Hollybush Lane, Burghfield Common, Reading, RG7 3FL

All sessions are 2 - 4 pm. There will be a new activity per session, plus sensory tray, play dough, XBoxes, games, etc. Hot and cold drinks available, plus biscuits. Entry is free, but donations are always welcome. The dates are as follows:

1. 20th January
2. 17th February

3. 17th March
4. 21st April (Easter Trail)
5. 19th May
6. 15th September
7. 20th October (Halloween Special)
8. 17th November
9. 15th December

Please book via eventbrite: www.eventbrite.co.uk/o/autistic-pride-reading-9002413845

In this talk Rachel will look at examples of how autistic ingenuity has shaped the course of human evolution and history. We will consider how the specific traits of the autistic brain could benefit the hunter-gatherer society of the Stone Age, how we can see glimpses of it in cave paintings, and two very famous Ancient Egyptians. Come and find out more!

For more information including access and sensory and tickets please read this eventbrite link: www.eventbrite.co.uk/e/celebrating-autism-as-a-dynamic-within-human-evolution-tickets-58995435937



Are you 16-25? Not in education, employment or training? Join our free football training programme in association with Reading FC Community Trust.

Taster Day: Wednesday 3rd April 2019

Course Dates: Monday 8th - Friday 12th April 2019

Location: Reading



The Prince's Trust and Reading FC Community Trust are offering a one week course where you can:

- ➔ Improve your **football skills**
- ➔ Achieve an **FA Level 1 Coaching** qualification
- ➔ Gain **Emergency First Aid** and **Safeguarding** qualifications
- ➔ Get the opportunity to work with Reading FC Community Trust and learn from professionals
- ➔ Meet new people and improve your **communication, teamwork** and **leadership** skills
- ➔ **Lunch** and **travel** provided throughout the programme
- ➔ Ongoing support after the programme

To join the course or find out more:

Text 'Call me' to 07983 385 418

Call for free on 0800 842 842

Email: rhian.galea@princes-trust.org.uk



Prince's Trust Courses

Rocket Launch Your Career! (with Flying Start XP) – 2 day programme

Have you ever wondered how awesome you could be if you knew what your super strengths were?

Or how it would feel to be able to describe this easily and authentically at interview?

How would you like the confidence to talk to an organisation about what you are doing right now and how you could help them?

How will I benefit from this day?

We will take you on a journey to master 3 key factors when it comes to job searching!

- Employability: in a rapidly changing future of work
- Self-Awareness: of strengths, skills and experience
- Confidence: particularly for the interview process



Eligibility Criteria: Young people (16-30 years old). Not in full-time employment (over 30 hours). Students and those on zero hour contracts can still sign up!

Time: 9:00am - 5:00pm (both days)

Location: The Invention Rooms, 68 Wood Lane, White City, London, W12 7TA

The Invention Rooms are just a 2 minute walk from White City Underground Station (Central line).

Wood Lane station (Hammersmith and Circle lines) is a 5 minute walk away.

Shepherd's Bush station (Central line, Overground and National Rail connections) is a 20 minute walk away.

Plan your journey with TfL.

Local bus routes include: 72, 95, 220, 228 and 272. View TfL's local bus routes.

Others who have taken part have said:

"Really enjoyed not only finding out about what employers are looking for, but also thinking about my own strengths and what value I can bring into the workplace."

"Such a programme can give people more confidence and encouragement in recognising what they have to offer."

"It's a very beneficial 'crash course' on how to become more employable using techniques that many have not come across. Other courses are ok but this is the one that's going to get me the job."

Wednesday 13 and Thursday 14 March
(Imperial College)

www.eventbrite.co.uk/e/rocket-launch-your-career-with-flying-start-xp-tickets-55628014890

Future Leaders (with Lea_p) – 1 day programme

Unleash your uniqueness! The Prince's Trust is presenting a pilot programme alongside Lea_p Leadership coaches to give you the tools to boost your confidence, make decisions that are right for you and better understand yourself.

How will I benefit from this day?

- Recognise that leadership is about being your authentic self
- Develop self-awareness and strengthen confidence within yourself
- Understand your values and how they demonstrate your ideal job
- Learn new techniques on how to empower yourself and identify what holds you back



Eligibility Criteria: Young people (16-30 years old). Not in full-time employment (over 30 hours). Students and those on zero hour contracts can still sign up!

Time: 9:00am - 5:00pm

Location: Prince's Trust House, 9 Eldon Street, London, EC2M 7LS

Others who have taken part have said:

'This programme helped me to recognise what might be holding me back. Really eye-opening and uplifting!'

'It was so beneficial for my perception of job seeking and my sense of self. It was what I needed to motivate me.'

'A confidence and aspiration booster!'

Tuesday 19th March (PTH)

www.eventbrite.co.uk/e/future-leaders-with-lea-p-tickets-56411422082

If you have any questions please don't hesitate to get in touch.

If you would prefer not to receive future emails please let me know.

Kind regards,
Rhian

Rhian Galea

Operations Executive - Thames Valley |
Tel: 07483 964890

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London | SW9 6EJ

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Free Admission – Sunday 7th April 2.00 – 6.00

Windsor Leisure Centre

To register go to <http://windsorlions.co.uk>

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