



## How to contact us



Please contact us if you have any questions. Open communication between parents, staff and therapists is important to help your child achieve their potential.

- Speech and language therapist — Stephanie Jenkins  
Stephanie.jenkins@berkshire.nhs.uk
- Occupational therapist — Kate Fielding  
Katie.fielding@berkshire.nhs.uk
- Physiotherapist—Sophie Simm  
Sophie.simm@berkshire.nhs.uk
- Integrated therapy assistant—Pauline Miller  
Pauline.miller@berkshire.nhs.uk

You can also send a note into school with your child or leave a message in their home school diary (which will be passed onto us)

General developmental advice can be found on our Early Years and School Years toolkits at:

<https://cypf.berkshirehealthcare.nhs.uk/>

Healthcare  
from the heart of  
your community

Berkshire Healthcare   
NHS Foundation Trust



**CYPIT** Children and Young People's  
Integrated Therapies Service

# Therapies at the Castle School



**The Castle School**  
A SPECIALIST COLLEGE FOR COMMUNICATION & INTERACTION

## What do we do?

Castle School work closely with a team of Berkshire Healthcare Foundation Trust Therapists to enable pupils attending the school to achieve positive outcomes and maximise their potential. The therapy team includes SLT's, OT's and PT's and we can support pupils in school and at home.

All children attending Castle School have access to a universal therapy service where the therapy team:

- work in the classroom, alongside the other classroom based staff, to obtain a clearer picture of each child's skills and how these impact on their learning and social skills
- support staff by showing how they can work on developing a pupil's skills across all school activities.
- provide training to school staff
- are available on site to answer questions and give advice

Some pupils may require more specific support from the therapists and this can be provided when it is needed, when it can help and in the best way possible. Where a pupil is working with more than one member of the therapy team, an integrated assessment will be offered and joint goals will be agreed with the pupil, families, school staff any other relevant professionals involved. All goals will be functional and meaningful to enable the pupil to work towards something that is important for them to achieve.

## Speech & Language Therapy

We help children to:

- understand language used by those around them
- express what they think, feel, want or need
- develop appropriate social interaction skills
- develop their feeding skills

## Physiotherapy

We help children to:

- develop their physical skills to the best of their ability
- Maintain the best possible posture at their spine and joints
- Physically access the school environment

We also advise on:

- specialist equipment your child may need or use

## Occupational Therapy

We help children to:

- develop self-care and independent living skills
- improve their organisation and self-management skills
- develop their fine motor skills
- develop sensory processing skills

We also provide assessment and support for:

- assistive or adaptive equipment
- modifications to the school environment to make a task easier
- splinting needs
- specialist seating equipment

## Meet the Team

- Speech and language therapist — Stephanie Jenkins  
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