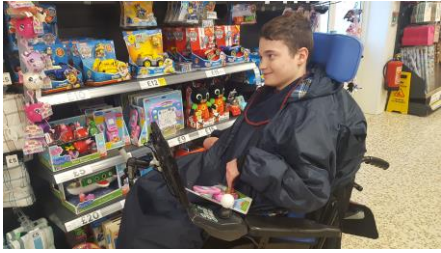


Wallingford Class



Spring is here and planting is underway! In the last few weeks we have been sorting, planting and growing seeds ready for our beds at Growing2gether. So far we've planted wild flowers, carrots, peas, sunflowers, runner beans, pumpkins, onions, peppers and chillies! Everyone has worked



hard to plant and maintain everything we are doing! This term saw a visit from OpenView Education, who provided an engaging workshop on internet safety. It was great to see how our guys used the opportunity to show all their learning and understanding around internet safety. Tuesday cooking has seen a variation of sweet and savoury items. This term we have cooked veg chili, veg curry, Victoria sponge



and some very chocolatey cookies. We've looked very hard at portions and balanced diets this term and we all encouraged each other with the right choice making to stay healthy! We have continued to work on our fitness this term. Exercises, walking, physio, yoga, gym sessions and more. It has been pleasing to see everyone get stuck in and build on

their fitness!